



INSTITUTO NACIONAL  
DE CARDIOLOGÍA  
IGNACIO CHÁVEZ

# ACADEMIC PROGRAM

## MASTER CLASS

# 2025



# 3

era.

REUNIÓN INTERNACIONAL de

expertos en **Insuficiencia Cardíaca**



ZÜRICH  
HEART HOUSE



LONDON  
HEART HOUSE

**NHS**  
Royal Brompton & Harefield  
Guy's and St Thomas'  
NHS Foundation Trust

**TIME**  
13:00 - 15:00

# REGISTRY

# 10

**APRIL**  
**2025**

## MAIN ROOM (AUDITORIUM)

14:00 - 16:00

**ECHO WORKSHOP FOCUSED  
ON HEARTFAILURE**  
in collaboration with SOME-ic

16:15 - 16:30

## MAIN ROOM (AUDITORIUM)

### OPENING

Dr. Jorge Gaspar (General Director INC) / Prof. Thomas Lüscher (ESC President)

16:30 - 18:10

**SESSION 1 The ESC Heart Failure Guidelines and Beyond**  
**PRESIDENTES: Thomas Lüscher, Reino Unido / Carlos Guízar, México**

16:30 - 16:50

**2023 Update on Heart Failure  
management**

Theresa McDonagh,  
UK (videoconference)

16:50 - 17:10

**Which Device to Implant in Heart Failure  
patients**

Wilfried Mullens, Bel **(in person)**

17:10 - 17:30

**Starting medical management -  
STRONG HF**

Marco Metra, Ita **(in person)**

17:30 - 17:50

**What to do if LVEF normalized?**

Brian Halliday, UK (videoconference)

17:50 - 18:10

**Panel Discussion: Alexandra Arias, Mex (in person) / Victor Rossel, Chi (virtual)**

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# APRIL 2025

# WELCOME

TIME

	ROOM 1	ROOM 2
07:15 - 08:15	<b>SCIENTIFIC BOX LUNCH</b> <b>SERVIER</b> Adherence and personalized approach in patients with HFrEF Dr. Antonio Jordán Ríos	<b>SCIENTIFIC BOX LUNCH</b> <b>ASTRAZENECA</b> Clinical Perspectives on Hyperkalemia Dr. Carlos Guizar Sánchez <b>From the Emergency Department to the Clinic: Management of Hyperkalemia in HF</b> Dra. Amada Alvarez Sangabriel
	<b>MAIN ROOM (AUDITORIUM)</b>	
08:30 - 10:10	<b>SESSION 2</b> Whats new in HFpEF in 2025 <b>CHAIRMAN:</b> Pamela Ramirez, Mex / Mauricio López, Mex	
08:30 - 08:50	Evaluation and diagnosis of a patient with HFpEF	Amr Abdin, Ger (videoconference)
08:50 - 09:10	Pathophysiology: from inflammation to myocardial fibrosis	Carlos Guizar, Mex ( <b>in person</b> )
09:10 - 09:30	Impact of comorbidities in HFpEF	Rafael Rascon, Mex ( <b>in person</b> )
09:30 - 09:50	How to improve the management in HFpEF	Javed Butler, USA ( <b>in person</b> )
09:50 - 10:10	Panel Discussion: Alexander Romero, Pan (virtual) / Isabel Cardenas, Col (virtual)	
10:10 - 10:30	<b>COFFEE BREAK</b>	
10:30 - 12:10	<b>SYMPOSIUM</b> The Obesity Epidemic - New Treatment Options in Heart Failure <b>CHAIRMAN:</b> Manuel Ricaño, Mex	
10:30 - 10:50	The obesity epidemic in Mexico and worldwide	Roopa Mehta, Mex ( <b>in person</b> )
10:50 - 11:10	Obesity and inflammation as a link to cardiovascular disease	Juan M. Vera, Mex ( <b>in person</b> )
11:10 - 11:30	GLP-1 receptor agonism in obese patients: effects on heart failure	Javed Butler, USA ( <b>in person</b> )
11:30 - 11:50	Novel perspective in obesity management	Emma Chávez, Mex ( <b>in person</b> )
11:50 - 12:10	Panel Discussion: Jesús Rivera, Mex (in person) / Juan Carlos de la Fuente, Mex (in person)	
12:10 - 13:00	<b>MASTER CONFERENCE (Prof. Thomas Lüscher)</b>	
13:00 - 13:10	<b>COFFEE BREAK</b>	

## MAIN ROOM (AUDITORIUM)

13:10 - 14:50

**SESSION 3 Controversy: How to manage Ischaemic Cardiomyopathy?**  
**CHAIRMAN: Omar Gómez, Mex / Jorge Ochoa, Mex**

13:10 - 13:30

**Revascularization is still an option** Mauricio Soule, Mex **(in person)**

13:30 - 13:50

**Medical treatment is the right option** Sergio Chávez, Mex **(in person)**

13:50 - 14:10

**Rebuttal (interventional point of view)** Félix Damas **(in person)**

14:10 - 14:30

**Panel Discussion: Alejandro Ricalde, Mex (presencial) / Antonio Jordán, Mex (presencial) / Edgar Hernández, Mex (presencial)**

14:30 - 15:30

**COFFEE BREAK**

## MAIN ROOM (AUDITORIUM)

15:30 - 17:10

**SESSION 4 Acute Heart Failure, how can I treat it?**  
**CHAIRMAN: Diego Araiza, Mex**

15:30 - 15:50

**How to evaluate a patient with ADHF in the emergency room?** Amada Álvarez, Mex **(in person)**

15:50 - 16:10

**Approach and treatment according to the hemodynamic profiles** Marco Metra, Ita **(in person)**

16:10 - 16:30

**Worsening Heart Failure: from hospital to home** Stephen Greene, USA **(in person)**

16:30 - 16:50

**Decongestive strategies in ADHF** Wilfried Mullens, Bel **(in person)**

16:50 - 17:10

**Panel Discussion: Cynthia Paola Paredes, Per (in person), Diego Araiza, Mex (in person)**

17:10 - 17:20

**COFFEE BREAK**

17:20 - 19:00

**SYMPOSIUM Novel Options of Mineralocorticoid Receptor Antagonism in Heart Failure**  
**CHAIRMAN: Manuel Ricaño, Mex / Cesar Flores, Mex**

17:20 - 17:40

**Aldosterone and cardiac remodelling** Luisa Aguilera, Mex **(in person)**

17:40 - 18:00

**Classical mineralocorticoid antagonism: Spironolactone and Ierenone** Antonio Jordan, Mex **(in person)**

18:00 - 18:20

**Non-steroidal mineralocorticoid antagonism as a new treatment option in heart** Shelley Zieroth, Can **(in person)**

18:20 - 18:40

**Non-selective mineralocorticoid antagonism in renal failure** Christoph Wanner, Ger (videoconference)

18:40 - 19:00

**Panel Discussion: Magdalena Madero, Mex (in person) / Clemente Barrón, Mex (in person)**

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# WELCOME

# APRIL 2025

TIME

## ROOM 1

### SCIENTIFIC BOX LUNCH SILANES

07:15 - 08:15

**Are We Late? Rethinking the Management of Early Heart Failure**  
Dr. Martín Rosas Peralta

## MAIN ROOM (AUDITORIUM)

08:30 - 10:10

**SESSION 5 Novel Insights into Cardiomyopathies: The ESC 2023 Guidelines**  
CHAIRMAN: Manlio F. Márquez, Mex / Lili Posada, Mex

08:30 - 08:50

**Definition in classification of cardiomyopathies** Juan Pablo Kaski, UK (videoconference)

08:50 - 09:10

**Imaging of cardiomyopathies** Eleanor Wicks, UK (**in person**)

09:10 - 09:30

**Managing cardiomyopathies** Brian Halliday, UK (videoconference)

09:30 - 09:50

**Is gene therapy a treatment option in cardiomyopathies** Perry Elliott, UK (videoconference)

09:50 - 10:10

**Panel Discussion: Consuelo Orihuela, Mex (in person) / Jaime Galindo, Mex (in person) / Laura Torres, Mex (in person)**

10:10 - 10:30

## COFFEE BREAK

10:30 - 12:10

**SYMPOSIUM Amyloid Heart Disease: from Cinderella to Centre Stage**  
CHAIRMAN: Laura Rodriguez, Mex / Alan Fuentes, Mex

10:30 - 10:50

**Different forms of amyloid heart disease: the liver and bone marrow** Eleanor Wicks, UK (**in person**)

10:50 - 11:10

**Diagnosing amyloid heart disease** Enrique Berrios, Mex (**in person**)

11:10 - 11:30

**Stabilizers of TTR to treat amyloid heart disease** Frederick L. Ruberg, USA (**in person**)

11:30 - 11:50

**Novel treatment options: ASO, siRNA and CRISPR-cas9** Thomas F. Lüscher, UK (**in person**)

11:50 - 12:10

**Panel Discussion: Maria Juliana Rodríguez, Col (virtual) / Juan Pablo Costabel, Arg (virtual)**

## MAIN ROOM (AUDITORIUM)

12:10 - 13:50

**SESIÓN 6 Left Ventricular Assist Devices: A new option in advanced heart failure?**

**CHAIRMAN: Gustavo Rojas, Mex / Daniel Manzur, Mex**

12:10 - 12:30

**Advanced heart failure: clinical presentation and natural history**

Juan Carlos De La Fuente, Mex **(in person)**

12:30 - 12:50

**Medical treatment options in advanced heart failure**

Eduardo Herrera, Mex **(in person)**

12:50 - 13:10

**Left ventricular assist devices: destination therapy**

Mandeep Mehra, USA **(in person)**

13:10 - 13:30

**Transplantation in advanced heart failure**

Jaime Hernández, USA (videoconference)

13:30 - 13:50

**Panel Discussion: Marta Farrero, Spain (virtual) / Flavio de Souza Brito, Bra (virtual) / Francisco Baranda (in person)**

13:50 - 14:00

## CLOSING SESSION

**Thomas Lüscher / Carlos Guízar  
(Directors of Master Class in Heart Failure Mexico)**

